

# Product Specification

Product Name	Magnesium 200mg (as buffered bisglycinate)
Suggested Dosage	1 per Day
Suggested Directions for Use	Oral
ERA Product Code	RM1C2103
Version, Revision Date and Reason for Change	1.0 (27.07.2021)

## Finished Product/Form Specification

Size	#00 capsule
Appearance	White/Off-White in a Clear (or White) Two Piece Capsule
Uncoated Weight (mg)	655mg
Total Weight (mg)	775mg
Uniformity of Content and Unit Mass	± 10%
Disintegration	< 30 minutes
Friability	-

## Additional information

Suitable for Vegetarians	Yes
Suitable for Vegans	Yes
Best Before Date	Two Years from Date of Manufacture
Storage Conditions	Store in a cool, dry area away from light & heat

## Microbiology, PAH, Pesticides and Heavy Metals

Total Viable Aerobic Count	Not more than 10 <sup>5</sup> cfu/g
Coliforms	Not more than 10 <sup>3</sup> cfu/g
Yeast	Not more than 10 <sup>4</sup> cfu/g
Mould	Not more than 10 <sup>4</sup> cfu/g
Escherichia coli	Absence in 10g
Salmonella	Absence in 25g
Heavy Metals	Not more than 10ppm
PAH	≤50µg/kg
Pesticides	Complies to EU regulations



Customisations



Small MOQ



Quality


 Speed  
to Market

 Cost-Effective  
Production

 Marketing  
Support

 Manufactured  
in the EU

## Ingredients

	Raw Material	Source	Function	Label Claim
1	Magnesium Bisglycinate Buffered	Mineral/Synthetic	Active	200mg Magnesium
3	Cellulose Microcrystalline	Plant	Bulking Agent	N/A
4	Calcium Carbonate DC	Mineral	Bulking Agent	N/A
5	Magnesium Stearate	Plant	Anti-caking	N/A
2	Caps HPMC Veg #00	Synthetic	Capsule	N/A

All input calculations are based on Raw Material supplier specifications and CoA

